



FOOD FOR THOUGHT'S FEATURES

Week of November 20-24, 2023

Pasta Special: CHICKEN ALFREDO—Chicken, mushrooms, garlic and onion, penne pasta and Alfredo sauce

Comes with your choice of one salad and one dessert as listed below.

Price: \$21.95 /person (plus G.S.T., plus delivery charges)

Entrée Special: BEEF STEW— Tender beef cubes, carrots, celery, onions, baby red potatoes, mushrooms, parsnips, slowly simmered in a fresh rosemary, red wine gravy. Served with bread and butter

Comes with your choice of one salad and one dessert as listed below.

Price: \$23.50 /person (plus G.S.T., plus delivery charges)

Sandwich Special: TERIYAKI CHICKEN WRAP— Teriyaki chicken, bell peppers, pineapple, lettuce, and toasted sesame seeds all rolled up in a delicious wrap

Comes with your choice of one salad or soup, and one dessert as listed below.

Price: \$14.95/person (plus G.S.T., plus delivery charges)

Salad Options:

A—GARDEN— Mixed lettuces, bell peppers, cucumber, grape tomatoes, Italian dressing

B —SUPER GREENS- Spinach, Kale and Romaine, cucumber, snap peas, green onion, and purple cabbage, creamy cucumber dressing

Dessert Options:

A – TRIPLE CHOCOLATE CAKE

B – ASSORTED FRUIT TARTS

Soups of the Week: CARROT & GINGER (Vegetarian) OR

BEEF BARLEY

*****Please be advised we require a minimum of eight (8) for all hot food items*****

